




## Maria de la Cruz Gomez Pellin


**DATE OF BIRTH:**  
23/01/1983

### CONTACT

Nationality: Spanish

Gender: Female

 Medical University of Vienna.  
Center for Public Health.  
Department of General  
Practice, Kinderspitalgasse 15/  
I  
1090 Vienna, Austria

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 (+43) 6504450566

### WORK EXPERIENCE

**09/2019 - CURRENT**

#### Medical researcher

Univ.-Prof. Dr. Andreas Sönnichsen. Center for Public Health.  
Medical University of Vienna

Alongside MSc in Public Health and Doctoral Program of Applied Medical Science on "Public Health"

/ Kinderspitalgasse 15/I, 1090, Vienna, Austria

**03/2019 - 08/2019**

#### General practitioner

Priv. Doz. Dr. Andreas Janata. Emergency department. Klinik  
Landstraße

/ Juchgasse 25, 1030, Vienna, Austria

**07/2015 - 02/2019**

#### Medical residence in General Practice

Klinik Landstraße

GP Speciality Training Programme. Elected as main staff representative for medical residents (Period Mar. 17-Feb. 19) and responsible for the implementation of measures to improve the quality of postgraduate training.

/ Juchgasse 25, 1030, Vienna, Austria

**06/2011 - 06/2012**

#### Trainee / House officer

Dr. Eva Kulcsar-Mecsery. GP Surgery

/ Sechshauserstraße 26, 1150, Vienna, Austria

**10/2007 - 03/2009**

#### Scientific researcher

Univ.-Prof. Dr. med. Eckart Altenmüller. IMMM. Hanover University of Music, Drama and Media

Project: "Functional effects of transcranial Direct Current Stimulation in pianists with musician's dystonia "

/ Emmichplatz 1, 30175, Hanover, Germany

### EDUCATION AND TRAINING

**10/2020 - CURRENT**

#### MSc in Public Health

London School of Hygiene & Tropical Medicine

**03/2020 - CURRENT**

#### Doctoral Program of Applied Medical Science on "Public Health"

Medical University of Vienna

Thesis project: "Telemedicine in Primary Health Care"

**01/2019 - 11/2019**

#### ÖÄK-Diploma School Doctor

Austrian Academy of Doctors

04/2017 – 04/2019

**Diploma Emergency Physician**

Austrian Medical Association

01/2017 – 11/2018

**ÖÄK-Diploma in Geriatrics and Palliative Medicine**

Austrian Academy of Doctors

Final thesis: "Hearing in Aging"

07/2015 – 03/2019

**Diploma General Medical Practitioner**

Austrian Medical Association

11/2006 – 02/2008

**University Certificate "Music Physiology in Artistic Life"**

Berlin University of the Arts, Hanns Eisler School of Music Berlin & Hanover University of Music

09/2001 – 06/2010

**Graduate in Medicine and Surgery**

Miguel Hernández University of Elche, Johannes Gutenberg University Mainz & University of Barcelona

09/1997 – 06/2004

**Professional Training Diploma in Music and Piano Performance**

Conservatory of Music „Mestre Gomis“ in Novelda and „Guitarrista José Tomás“ in Alicante

09/1997 – 06/2001

**High School Diploma**

High School "Sagrada Familia" in Elda and "Padre Dehón" in Novelda, Spain

Natural Science - Focus on Mathematics, Physics, Chemistry and Biology

## LECTURES AND SEMINARS

**Medical University of Vienna**

- Block 27 Innere Medizin: Wahlpflichtfach: Einführung in die evidenzbasierte, hausärztlich-internistische Versorgung (WT 19/20 & 20/21)

- Block 7 Wissenschaft und Medizin: Wahlpflichtfach: Evidenzbasierte medikamentöse Therapie in der hausärztlichen Praxis (WT 19/20 & 20/21)

- Block 1 Gesunde und kranke Menschen: Seminar: Grundlagen der allgemeinmedizinischen Arbeitsweise (WT 20/21)

- Wahlfach: Interprofessionelle Lehre (WT 20/21)

- Block 6 Prävention und Präventivmedizin: Seminar: Prävention in der hausärztlichallgemeinmedizinischen Versorgung (ST 20)

## PUBLICATIONS

### Reports

- Sönnichsen A, Gomez Pellin M. Austrian Initiative for Quality in Postgraduate General Medical Training. (ÖQAM). A pilot project to improve postgraduate medical training. Department of General Practice and Family Medicine. Center for Public Health. Medical University of Vienna. Vienna, 2020.
- Hoffmann K, Gomez Pellin M. Video consultations in primary care. Department of General Practice and Family Medicine. Center for Public Health. Medical University of Vienna. Financed by: Latido Health Tech GmbH. Vienna, 2020.
- Sönnichsen A, Grabovac I, Ilic L, Gomez Pellin M, Rieder A. Austrian clinical guidelines for management of depression in the elderly. Evidence-based integrated care pathway. Center for Public Health. Medical University of Vienna. Vienna, 2020.

### Peer-reviewed publications

- Buttkus F, Baur V, Jabusch HC, Gomez-Pellin MC, Nitsche MA, Paulus W, Altenmüller E. Single-session tDCS-supported retraining does not improve fine motor control in musician's dystonia. *Restorative Neurology and Neuroscience*. 2011;29(2):85-90.
- Marcos M, Gómez-Pellín Mde L. A tale of a misnamed eponym: Diogenes syndrome. *Int J Geriatr Psychiatry*. 2008 Sep;23(9):990-1.
- Pellin, M. C. G., et al. (2019). "Neuraminidase inhibitors for all patients with suspected influenza?" *Zeitschrift für Allgemeinmedizin* 2019(12): 483-488.

## PROJECTS

### Completed projects

- 12.2019 - 10.2020 Austrian Clinical Guidelines for Management of Depression in the Elderly. Full project funding through *Competence Center Integrierte Versorgung*. **Overall budget 50.000,-**
- 02.2020 - 03.2020 Telemedicine in Primary Care. Financed by *Latido Health Tech GmbH*. **Overall budget 10.000,-**
- 07.2019 - 05.2020 Austrian Initiative for Quality in Postgraduate General Medical Training. Funded by *Hauptverband der österreichischen Sozialversicherungsträger*. **Overall budget 10.000,-**

## GRANTS AND AWARDS

### Grants

- Oct. 07-Mar. 09. DAAD La Caixa Scholarship for academic training in Germany.
- June 2007. Selected by Casa Asia for participation in the "V Escuela de Orient Mukhtar Mai", intercultural exchange and discussion between Asian and European students in Mallorca, Spain.
- Oct. 06-June 07. Séneca Scholarship to study at the University of Barcelona, Spain.
- Aug-Sep 2006. Scholarship from the German-Chinese Society for Medicine (DCGM) e.V. and the German Academic Exchange Service (DAAD) for an internship at Tianjin Medical University (People's Republic China). Traditional Chinese Medicine.
- Oct. 04-June 05. Erasmus grant to study at Johannes Gutenberg University Mainz, Germany.

## NETWORKS AND MEMBERSHIPS

### Memberships

- Network Evidence-Based Medicine (EbM Network)
- Austrian Young General Practitioners (JAMÖ)
- German Society of Internal Medicine (DGIM)
- German Neurological Society (DGN)
- German Association for Music Physiology and Musicians' Medicine (DGfMM)

## CONTINUING MEDICAL EDUCATION

### Continuing Medical Education (excerpt)

- Nov. 20. Migration and Health: Enhancing Intercultural Competence and Diversity Sensitivity. WHO Regional Office for Europe.
- Oct. 20. Workshop: Medical Statistics for Non-statisticians. Danube University Krems.
- Oct. 20. BSAFE. United Nations Department of Safety and Security
- July 20. Focused Echocardiography & Emergency Sonography with eFAST. Austrian Society for Sonography in Medicine.
- May 20. Emergency Medicine Refresher Course "Children Updates". Forum Notfallmedizin & Rettungswesen.
- Mar. 20. Cochrane Reviews: Basic Course. Cochrane Germany Foundation.
- Feb. 20. 21. Annual Conference EbM-Netzwerk "Useful Patient-Relevant Research". Basel University.
- Dec. 19. Certificate in Tobacco Treatment Practice. Vienna Medical Chamber and Austrian Society of Pneumology.
- Dec. 19. Workshop: Misleading statistics - Tricks and most common errors in studies. Danube University Krems.
- Since Nov. 19, ongoing. Certificate Program Vienna Medical Teaching. Medical University of Vienna.
- Sep. 19. Workshop "GRADE: from studies to guidelines". Cochrane Austria.
- Sep. 19. Workshop "Introduction into literature research". Cochrane Austria.
- Apr. 19. ERC Qualification: Advanced Life Support (ALS). Austrian Resuscitation Council.
- Mar. 19. Echocardiography Basic Course. Kardiowerkstatt Leipzig, Prof. Hagendorff.
- Aug. 17. ASP Summer School - Antimicrobial Stewardship Program. Austrian Society for Antimicrobial Chemotherapy.
- Apr-May 17. 73rd Vienna Emergency Medicine Course. Emergency and Disaster Medicine, Medical Association of Vienna, Austrian Resuscitation Council.
- Sep.-Nov. 16. Conservative Orthopedics - Manual Medicine Part 1 & 2. Viennese Association of Hospitals, Austrian Society for Manual Medicine.
- Since Jan. 12, ongoing. DFP Continuing Education Diploma. Austrian Academy of Doctors.
- Oct. 05-June 08. Basic training in Tibetan Medicine. Prof. Dr. med. Pasang Yonten Arya Tendi Sherpa. Institute for Eastern West Medicine. German Department of the New Yuthok Institute and the German Medical Association for Acupuncture (DÄGfA) in Bad Homburg, Germany.
- Nov 04-Jun. 08. Basic and advanced training in Medical Acupuncture. German Medical Association for Acupuncture (DÄGfA).

## MATERNITY LEAVE

04/2009 – 05/2011

● Adrian (born 26.08.2008)

07/2012 – 06/2015

● Leonard (born 10.09.2012)

## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Spanish / Catalan

**OTHER LANGUAGE(S):**

**Englisch**

**Listening**  
C1

**Reading**  
C2

**Spoken  
production**  
B2

**Spoken  
interaction**  
C1

**Writing**  
C1

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**German**

**Listening**  
C2

**Reading**  
C2

**Spoken  
production**  
C2

**Spoken  
interaction**  
C2

**Writing**  
C2

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