

ANA RITA GOES
NOVA National School of Public Health, Lisbon, Portugal
ana.goes@ensp.unl.pt

ACADEMIC DEGREES

2013 | PhD in Health Psychology, Faculty of Psychology, University of Lisbon.
2006 | Master degree in Public Health, NOVA National School of Public Health
2002 | Graduation in Psychology, Faculty of Psychology and Education Sciences, University of Lisbon.

ACADEMIC POSITIONS

2019-...	Assistant Professor, NOVA National School of Public Health
2016-2019	Invited Assistant Professor, NOVA National School of Public Health
2016-2020	Invited Assistant Professor, Faculty of Human Sciences, Universidade Católica Portuguesa
2015-2019	Invited Assistant Professor, Faculty of Dental Medicine, University of Lisbon
2015-2016	Invited Assistant Professor, School of Psychology and Life Sciences, Universidade Lusófona
2014	Bolseira de Investigação do projeto “Desenvolvimento de instrumentos de avaliação do risco psicossocial para o Programa Escolhas” (POAT7FSE Nº 000859402013)
2012-2014	Bolseira de investigação do projeto “Processos de Mudança no Tratamento das Perturbações de Ansiedade em Crianças em Idade Escolar: o Papel do Coping e das Crenças” (PTDC/PSI-PCL/122007/2010).
2011-2016	Psicóloga clínica na Consulta de Psicologia Pediátrica do Serviço à Comunidade da Faculdade de Psicologia da Universidade de Lisboa.
2007-2015	Coordenadora metodológica do Projeto Rede Nacional de Mediadores para o Sucesso Escolar da Associação EPIS – Empresários pela Inclusão Social.

RELEVANT PROFESSIONAL ACTIVITIES

2020-... | Coordinator of the Master Program in Health Promotion, NOVA National School of Public Health
2019-... | Member of the Pedagogical Council, NOVA National School of Public Health
2016-2019 | Coordinator of the Master Program of Psychology of Wellbeing and Health Promotion, Faculty of Human Sciences, Universidade Católica Portuguesa
2008-2014 | Research fellow, Faculty of Psychology, University of Lisbon
2007-2015 | Methodologic Coordinator at the National Network of Mediators for School Success, EPIS (Entrepreneurs for Social Inclusion)
2003-2016 | Health Psychologist

TEACHING ACTIVITIES

Graduate and postgraduate education in the scientific areas of Psychology and Public Health: Health Psychology, Psychological Assessment, Clinical Psychology, Health Promotion, Health Communication, Health Research Methods, Family Partnership Model. Supervision of PhD and master students.

SCIENTIFIC INTERESTS

The main research interests are in the domain of health promotion, namely health literacy, behaviour change, healthy development, childhood obesity, childhood sleep, adaptation to chronic conditions, and mental health.

PARTICIPATION IN PROJECTS

Involvement in several research projects in the areas of health literacy (Health literacy and social cohesion in migrant populations; Health Literate Care for the Prevention and Control of Type-2 Diabetes), prevention of childhood obesity (Early Beginnings: Tackling childhood obesity, www.papabem.pt), mental health (CATCh – Childhood Anxiety Treatment and Change; Psychosocial experience of psychological disorders), adaptation to pediatric chronic conditions (Family functioning and wellbeing in the context of pediatric chronic conditions)

PUBLICATIONS

Published 3 books, 3 book chapters and several articles in national and international journals.

ORCID: <https://orcid.org/0000-0002-4722-3282>

COMMUNICATIONS AND TRAINING

She has participated as a speaker or trainer in national and international congresses and technical training courses in the field of child development, mental health, early intervention, and health promotion, targeting health professionals, education professionals and social service professionals.