

# Curriculum Vitae



## Iffat Elbarazi

(DrPH, MHS, DipHE, BSN)

Public Health and Health Promotion Academic and  
Professional

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**ORCID Number:** 0000-0001-7151-2175

**Scholar Google Citations 480**

**h-index11**

**i10-index 12**

**Scopus citations: 162**

**RG score 23.90**

**RG citations 197**

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## **Professional Summary**

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I am a public health professional and academic with a strong background in health promotion and health education. I am also a health educator and trainer who is passionate about improving community health and wellbeing. I have a diverse experience in various countries working with various cultures in community, academia, research and clinical settings. My strong communication skills and networking skills allowed me to collaborate with various community groups and public officials to improve community and patient health literacy as well as improving public health profession and practice in the Arab world. My research interests include behavioral changing model applications, cancer education and prevention, health literacy, health education and promotion, maternal and child health, mental health, chronic diseases prevention and occupational health.

## **Employment History**

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<b>Aug 2020- Current</b>	<b>United Arab Emirates University -College of Medicine and Health Sciences-Institute of Public Health, UAE.</b>  Assistant Professor
<b>Feb 2020 –Aug 2020</b>	<b>Abu Dhabi University, College of Health Sciences, UAE,</b> Assistant Professor in Public Health
<b>Feb 2012 – Jan 2020</b>	<b>United Arab Emirates University -College of Medicine and Health Sciences-Institute of Public Health, UAE.</b> Medical Research Specialist/ Lecturer
<b>Feb 2002 – Dec 2007</b>	<b>King Faisal Specialist Hospital and Researcher Centre- Riyadh-Saudi Arabia</b> Health Education Specialist / Clinical Instructor at the Specialized Clinical Health Education Diploma
<b>July 1999– Dec 2000</b>	<b>Cancer Council of Victoria-Melbourne- Australia-Bilingual Health Educator in Cancer Prevention and Contractor</b>

<b>July 1996 – Dec 2000</b>	<b>Centre of Ethnicity, Culture and Health, Melbourne-Australia</b> Bilingual Health Researcher-Contractor
<b>Nov 1996 – June 1997</b>	<b>ISOMER Retirement Home, Melbourne-Australia</b> Shift Supervisor
<b>Oct 1990 – Oct 1992</b>	<b>American University of Beirut - Medical Centre, Beirut-Lebanon</b> Registered Nurse (surgical ward; F/T)

## Education

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<b>Oct 2020</b>	<b>Eureka Institute</b> Virtual course on Translational Medicine
<b>May 2016</b>	<b>Harvard University</b> Introduction to Clinical Research Certificate-Dubai
<b>June 2016</b>	<b>Flinders University, South Australia</b> Doctorate in Public Health Dissertation Title: “Exploring knowledge and information needs among cancer patients in the United Arab Emirates during their cancer treatment journey”.
<b>June 2005</b>	<b>La Trobe University, Melbourne, Australia</b> Master of Health Sciences Dissertation Title: “Exploring the Use of Religious Health Promoting Messages in Australia: An Islamic Perspective
<b>Aug 1992</b>	<b>American University of Beirut, Beirut, Lebanon</b> Graduate Diploma of Teaching- Health Sciences
<b>Aug 1990</b>	<b>American University of Beirut, Beirut , Lebanon</b> Bachelor of Nursing-Nursing

## Training courses:

<b>June</b>	<b>2016</b>	<b>World health Organization's</b> Study global Ageing and adult health (SAGE) training for 5 days in UAEU
<b>September</b>	<b>2014</b>	<b>World health Organization's</b> NCD- experts- Cairo
<b>April</b>	<b>2013</b>	<b>Occupational Health</b> -5 days course- Institute of Public Health- United Arab Emirates University (WHO-collaborating Centre)
<b>August</b>	<b>1999</b>	<b>Cancer Educator Course-</b> Cancer Council of Victoria- Australia

## Achievements Highlights

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- Reviewer for the Frontiers of Public Health Journal, Sage Open, BMJ Open. BMC, MDPI journals
- Global burden of Disease (GBD) Collaborator
- Publishing the first Arabic book on Health promotion theories and models
- Project manager for the first Mother and child cohort study in Al-Ain-Abu Dhabi- Managed and assisted in recruitment of over 7000 participants and their offspring's.
- Teaching and training in the academic, clinical and community setting
- Serving on Academic, scientific and community committees
- Coordinating courses on undergraduate and postgraduate levels
- Coordinating Journal club activities for PhD students for 5 years.
- Reviewing and accrediting academic educational programs
- Working in service delivery as a registered nurse, a patient educator and as clinical and community health education specialist.
- Planning health promotion programs and providing consultancies in health promotion
- Providing counselling and behavioral changing sessions including smoking cessation
- Conducting social activities including initiating support groups for cancer patients
- Producing more than 60 educational booklets in both Arabic and English and more than 25 Educational posters on various health education issues
- Developing many educational videos in related to health issues Initiating and editing "Pearls Health Education" Newsletter :( English Newsletter directed for KFSH&RC health professionals) from 2005-2007 Riyadh-KSA. Available on the following link: [http://www.kfshrc.edu.sa/nursing/HealthEducation\\_files/Pearls/rajab26.pdf](http://www.kfshrc.edu.sa/nursing/HealthEducation_files/Pearls/rajab26.pdf)
- Collaborating in developing governmental reports such as "Youth health in UAE" prepared by Institute of Public Health in UAE University and Summary report on the occupational health and safety services in UAE (Arabic and English). Participating with department of health -health promotion head section on improving public health practice and opportunities in the UAE.
- Consultancies related to health promotion and preparing programs and manuals such preparing training manuals for health educators for Zahra breast cancer organization in Saudi Arabia, training manual for health educators for different hospitals, volunteer program for SANAD charity organization in Saudi Arabia, community health awareness manual for MOH in Saudi Arabia and health education and promotion course postgraduate diploma for KFSH&RC.

## **University & Teaching Service**

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I developed my passion to teaching since I started educating patients during my clinical nursing years and after I studied educational theories in the Postgraduate diploma in health education that I have obtained while I was working as a nurse. This diploma provided me with the theoretical basis in adult education as well as in health education. I was assigned then as a nursing clinical instructor in addition to my duties as a registered nurse. That experience in education guided me to change my career path to pursue a health education career which I developed through postgraduate studies (Master) and through the community and clinical experiences. While I was educating patients and communities, I was training at the same time health care professionals in becoming health coaches and health educators. I learned to appreciate the importance of empowering communities by equipping professionals in the area of health education and health promotion. Since then I have been working as a lecturer and as an academic who aims at providing students and professionals with the building blocks of knowledge and skills to enable them to realize intrinsic understanding and motivation of change. My teaching experience started at King Saud University where I taught on the undergraduate program of community health teaching students in the Bachelor of Health Education and Bachelor of Clinical Nutrition specifically theories and practical models of health education, research and epidemiology.

a. **Teaching in KSU (from 2007-2010):**

- I have coordinated different courses provided under the Bachelor of community health- Health education program and Clinical Nutrition. I was on the curriculum review committee; I participated in preparing a proposal for a Master of health education program. Courses I taught included : (General Health Sciences ,Health Education principles, Health education in health services (Theory and Practicum), Community health- Oral health, School Health course, Family planning course, Infectious Disease course, Nutrition Education (Theory and Practicum) ,Personal health, Health care system and delivery, Community health and health promotion for Nursing students, Medical records and coding for community college medical secretary students.

b. **Teaching UAEU (2012-2020):** After I moved to UAE, I joined UAEU as a Medical Research Specialist. I worked there for nearly 8 years I was involved in different activities that ranged from research to teaching to administrative and to community work . I have been involved in teaching in the undergraduate medical program and on the postgraduate level.

- In the undergraduate program I have taught students in the Clinical, Preclinical program, and the Pre-medical program. I also taught in the Bachelor of Medical sciences, Doctoral and Master of Public Health and Occupational Medicine and Health courses. (Topics I taught include: Health promotion Models and theories, Patient education and behavioral changing models, Qualitative research methods, various Global Health and Public Health topics, Culture and Health, Burnout and stress and work, Alcohol and drug at workplace Women's health, Promoting a healthy work environment, Gender and Health and Preparing research proposals.
- On the MPH I have coordinated the “Health Promotion Theories and Practice” course in UAEU for many years (2015, 2016, 2017, 2018, 2019 and 2020).

- From 2013-2015, and 2018- 2020. I have coordinated the Journal Club course and activity for PhD students during which they are supposed to present and critically appraise research papers.
- c. **Teaching in Abu Dhabi University- Feb 2020:** I am currently teaching courses in the undergraduate program of Public Health in the college of Health Sciences- (Global Issues in Environmental Health. Nutrition and Public health and Introduction to Happiness and Positive Psychology including the capstone research course). I am conducting blended and online learning and assessment.

## **Thesis & Research Supervision**

- PhD student Supervisor (Current):
  - a. Thesis Title: “Health literacy in the UAE-Prevalence and Determinants”.
- I am on the Thesis Advisory committee of the following UAEU Public Health PhD students (Current)
  - a. Thesis Title: “ Mapping the road map for pharmacogenomics public health program in the UAE”
  - b. Thesis Title: “Mapping Anti-Bullying policies, programs and interventions in UAE”.
  - c. Thesis Title: “Addiction prevalence and determinants in the UAE”.
  - d. Thesis Title: “Needle Stick Injuries in the UAE”

## **Hospital & Education Service**

- Planning and implementing a comprehensive cancer educational program (COPE) for both outpatients and inpatients and their families at KFSH&RC
- Running a counseling program in family health smoking cessation clinic: at KFSH&RC
- Health education and promotion for the public: coordinated more than 100 educational session related to women’s health, cancer awareness and coordination more than 25 educational community campaigns and awareness days In Australia, Saudi Arabia and UAE.
- Developing and implementing the National program for health education at KFSH&RC
- Training Health Professionals: Trained nurses and other health care professionals to become health educators.in health education, health promotion, cancer awareness, planning and communication skills
- Nursing Care for patients at surgical Ward in American university of Beirut.

### **Administrative work:**

It involved preparing monthly and yearly reports, writing health education programs and mentoring other health educators and reviewing their programs (Haematology, Radiation Therapy, Paediatric Surgery, Paediatric Urology, Cystic Fibrosis, Spina Bifida and Antenatal and Post Natal programs). My duties also included developing forms and checklists for different activities within the health education program, rewriting Patient & Family Education Standards and evaluating effectiveness of health education program. Administrative work also included developing policies related to patient, family and community education, developing job

description for new health education center employees and evaluating performance of other health education staff. It involved also promoting the success of the health education program advising the coordinator of the program and providing full support for the whole team. It involved evaluating other educators' performance and promoting their professional need by advising them and training them in areas of weaknesses including giving in-services during grand rounds.

## **Publications**

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1. **Elbarazi I**, AlSuwaidi, A et al, " Exploring Vaccine Hesitancy among Healthcare Providers in the United Arab Emirates: A Qualitative Study" in *Human Vaccines & Immunotherapeutics* Accepted 19 Nov 2020, Published online: 28 Dec 2020. <https://www.tandfonline.com/doi/abs/10.1080/21645515.2020.1855953>
2. Al-Rifai, RH, **Elbarazi,I**, Ali, N, Loney,T ,Oulhaj, A, Ahmed, LA. Knowledge and Preference Towards Mode of Delivery among Pregnant Women in the United Arab Emirates: The Mutaba'ah Study. *International Journal of Environmental Research and Public Health* 18 (1), 36
3. Ali, N, **Elbarazi I** et al .Impact of Recurrent Miscarriage on Maternal Outcomes in Subsequent Pregnancy: The Mutaba'ah Study. *International journal of Women's Health. Int J Womens Health.* 2020;12:1171-1179. Doi:10.2147/IJWH.S264229.
4. Rahma, AT, **Elbarazi, I**, Ali, BR, Patrinos, GP, Ahmed,LA, and Al-Maskari.F Stakeholders' interest and attitudes toward Genomic Medicine and Pharmacogenomics implementation in the United Arab Emirates: A qualitative study. in Press (Accepted for publication).
5. Qubais, B, **Elbarazi, I**, Barakat, M . Novel Coronavirus (COVID-19) health awareness among the United Arab Emirates Population Preprint- medRxiv 2020.09.10.20191890; doi: <https://doi.org/10.1101/2020.09.10.20191890>.
6. Saddik,B Hussein, A, Albanna, A, **Elbarazi,I**, Al-Shujairi, A, Saheb Sharif-Askari F, Temsah, MH. Stip, E, Hamid, Q, Halwani, R. Assessing the influence of parental anxiety on childhood anxiety during the COVID-19 pandemic in the United Arab Emirates- Preprint-medRxiv 2020.06.11.20128371; doi: <https://doi.org/10.1101/2020.06.11.20128371>
7. Rahma, A.T.; Elsheik, M.; **Elbarazi, I**; Ali, B.R.; Patrinos, G.P.; Kazim, M.A.; Alfalasi, S.S.; Ahmed, L.A.; Al Maskari, F. Knowledge and Attitudes of Medical and Health Science Students in the United Arab Emirates toward Genomic Medicine and Pharmacogenomics: A Cross-Sectional Study. *J. Pers. Med.* 2020, 10, 191.
8. Rahma, A.T.; Elsheik, M.; Ali, B.R.; **Elbarazi, I**; Patrinos, G.P.; Ahmed, L.A.; Al Maskari, F. Knowledge, Attitudes, and Perceived Barriers toward Genetic Testing and Pharmacogenomics among Healthcare Workers in the United Arab Emirates: A Cross-Sectional Study. *J. Pers. Med.* 2020, 10, 216.
9. GBD Viewpoint collaborators (**Elbarazi I**). Five insights from the Global Burden of Disease Study 2019. *The Lancet* Volume 396, Issue 10258, 17–23 October 2020, Pages 1135-1159.
10. GBD Demographics Collaborators (**Elbarazi I**). Global age-sex-specific fertility, mortality, healthy life expectancy (HALE), and population estimates in 204 countries and territories, 1950–2019: a comprehensive demographic analysis for the Global Burden of Disease Study 2019. Volume 396, Issue 10258, *The Lancet*, 17–23 October 2020, Pages 1160-1203.
11. GBD Risk factors Collaborators. (**Elbarazi I**). Global burden of 87 risk factors in 204 countries and territories, 1990–2019: a systematic analysis for the Global Burden of Disease Study 2019. *The Lancet*. Volume 396, Issue 10258, 17–23 October 2020, Pages 1223-1249.
12. GBD 2019 Diseases and Injuries Collaborators (**Elbarazi I**). Global burden of 369 diseases and injuries in 204 countries and territories, 1990–2019: a systematic analysis for the Global Burden

- of Disease Study 2019. *The Lancet*. Volume 396, Issue 10258, 17–23 October 2020, Pages 1204–1222.
13. Rahma, A.T.; **Elbarazi, I.**; Ali, B.R.; Patrinos, G.P.; Ahmed, L.A.; Al Maskari, F. Genomics and Pharmacogenomics Knowledge, Attitude and Practice of Pharmacists Working in United Arab Emirates: Findings from Focus Group Discussions—A Qualitative Study. *J. Pers. Med.* 2020, 10, 134.
  14. Ali, R., Loney, T., Al-Houqani, M. ... **Elbarazi I** et al. Cigarette smoking and smokeless tobacco use among male south Asian migrants in the United Arab Emirates: a cross-sectional study. *BMC Public Health* 20, 815 (2020). <https://doi.org/10.1186/s12889-020-08942-9> LBD Double Burden of Malnutrition Collaborators1 Mapping local patterns of childhood overweight and wasting in low- and middle-income countries between 2000 and 2017- *Nature Medicine*- April 2020; 26(5): 750–759.
  15. Ali N, **Elbarazi I**, AlAbboud S, Al-Maskari M, Loney T and Luai A. Ahmed. Antenatal care initiation among pregnant women in the United Arab Emirates: The Mutaba'ah Study, *Frontiers in Public Health-Family Medicine and Primary Care*. **IF:2.031**.
  16. **GBD 2017** Oesophageal Cancer Collaborators (**Elbarazi I**). The global, regional, and national burden of oesophageal cancer and its attributable risk factors in 195 countries and territories, 1990–2017: a systematic analysis for the Global Burden of Disease Study 2017. *The Lancet Gastroenterology & Hepatology* Available online 1 April 2020, In Press. **IF:12.856**.
  17. Alsuwaidi, A, **Elbarazi I**, Narchi H, Sheek Hussein M, Hamed , S. (2020). Vaccine hesitancy and its determinants among Arab parents: a cross-sectional survey in the United Arab Emirates, in *Human Vaccines & Immunotherapeutics*, Volume16 Issue:12, published online <https://doi.org/10.1080/21645515.2020.1753439> **IF.2.59**.
  18. **GBD 2017** Colorectal Cancer Collaborators (**Elbarazi I**). The global, regional, and national burden of colorectal cancer and its attributable risk factors in 195 countries and territories, 1990-2017: a systematic analysis for the Global Burden of Disease Study 2017. *Lancet Gastroenterol Hepatol.* 2019 Oct 21. pii: S2468-1253(19)30345-0. doi: 10.1016/S2468-1253(19)30345-0.
  19. Alsuwaidi, A, **Elbarazi I**, Hamad S, AlAli, A, AlDhaeri R, Sheek Hussein, M Investigating Parents' Vaccine Hesitancy in the United Arab Emirates: A Cross-Sectional Survey October 2019 *Open Forum Infectious Diseases* 6(Supplement\_2):S602-S602. DOI: 10.1093/ofid/ofz360.1511
  20. Al Haddad A, Ali N, **Elbarazi I**, et al Mutaba'ah—Mother and Child Health Study: protocol for a prospective cohort study investigating the maternal and early life determinants of infant, child, adolescent and maternal health in the United Arab Emirates *BMJ Open* 2019;9:e030937. doi: 10.1136/bmjopen-2019-030937. **IF: 2.39**
  21. Koornneef EJ, Dariel A, **Elbarazi I**, Alsuwaidi AR, Robben PBM and Nikiforakis N (2018). Surveillance cues do not enhance altruistic behavior among anonymous strangers in the field. *PLOS One*, August 16 2018. IF: 2.76 <https://doi.org/10.1371/journal.pone.0197959>
  22. Yousef S, Athamneh M, Masuadi E, Ahmad H, Loney T, Moselhy HF, Al-Maskari F and **Elbarazi I** (2017). Association of Depression and Factors Affecting Career Choice in Jordanian Nursing Students. *Frontiers in Public Health* published online November 22, 2017. <https://www.frontiersin.org/articles/10.3389/fpubh.2017.00311/full>
  23. **Elbarazi, I**, Devlin N, Katsaiti S, Papadimitropoulos, EA, Shah, K and Blair I. The effect of culture and religion on the perception of health states amongst adults in the United Arab Emirates (2017). *BMJ Open*. Vol.7, Issue 10. IF: 2.39 <http://bmjopen.bmj.com/content/7/10/e016969>
  24. Kershaw G, Grivna M, **Elbarazi I**, Hassan S, Aziz F, Al Dhaheri A, Using self-directed learning in a health promotion project as an introduction to public health and health promotion practice. *Frontiers in public Health*, 21 August 2017. <https://doi.org/10.3389/fpubh.2017.00193>.



25. **Elbarazi I**, Elias A, Yousef, S and Loney T. A systematic review on burnout among Health care Professionals in the Arab world. BMC. Health Services Research. Published Online July 2017. DOI 10.1186/s12913-017-2319-8. IF: 1.827
26. Shah S; Ali R; Tom Loney; Faisal Aziz; **Elbarazi I**, Al Dhaheri S; Hamed F; Blair I (2017). Prevalence of Diabetes among Migrant Women and Duration of Residence in the United Arab Emirates: a Cross Sectional Study". PLOS One, January 2017. <http://dx.doi.org/10.1371/journal.pone.0169949>. IF: 2.806
27. **Elbarazi, I**, Raheel, H, Cumming K and Loney, T. Role of the media in the uptake and acceptance of the human papillomavirus vaccine in the United Arab Emirates-A content Analysis. Frontiers in Public Health, vol. 4,p: 176. doi:10.3389/fpubh.2016.00176.
28. Shah, SM, Loney T, Al Dhaheri S, Vatanparast H, **Elbarazi I**, Agarwal M, Blair, I and Ali R (2015). Association between acculturation, obesity and cardiovascular risk factors among male South Asian migrants in the United Arab Emirates – a cross-sectional study. Shah et al. BMC Public Health (2015) 15:204. IF:2.265
29. Shah, SM, Loney; T, Sheek-Hussein, M; Al Sadig, M, **Elbarazi I**; Al Dhaheri S; Al Marzouqi, L; Aw, TA, and Ali, R. "Hypertension Prevalence, Awareness, Treatment, and Control, in South Asian Immigrants in United Arab Emirates". Shah et al. BMC Cardiovascular Disorders (2015) 15:30 DOI 10.1186/s12872-015-0024-2. IF:2.32
30. Papadimitropoulos M., **Elbarazi I**, Blair, I., Katsaiti, M.S., Shah, K.K., Devlin. N. (2015).Valuing health in the UAE: An investigation of the feasibility and cultural appropriateness of using the TTO and DCE methods to generate health state values Value in Health Regional issues, Vol.7, pp: 34-41. <http://dx.doi.org/10.1016/j.vhri.2015.07.002>. IF:3.8
31. Papadimitropoulos M., **Elbarazi I**, Blair, I., Katsaiti, M.S., Shah, K.K., Devlin. N (Feb 2015). Valuing health in the UAE: An investigation of the feasibility and cultural appropriateness of using the TTO and DCE methods to generate health state values. Published as a research paper n Office of Health Economics (UK) website. <https://www.ohe.org/publications/investigation-feasibility-and-cultural-appropriateness-stated-preference-methods>.

## **Books & Books Chapters**

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1. Laverack, G and **Elbarazi I** (2018). Health Promotion- theory and practice – First Arabic on health promotion empowerment تعزيز الصحة ما بين النظرية والتطبيق by Newimpact publishers- Australia
2. **Elbarazi I** and Grivna M (2015). The application of the Health Belief Model to Cancer Education case study published as an online supplement for the third edition of Health Promotion:Planning and Strategies, by Ruth Cross, James Woodall, Jackie Green and Keith Tones (2015). <https://live-sagecompanion.gotpantheon.com/sites/default/files/United%20Arab%20Emirates.pdf>

## **Successful Research Grants**

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- Centre Based Reseach (2019) –A sum of 300,000AED ”carcinogens exposure among migrant workers in the UAE” A collaborative study with Curtin University In Western Australia titled. Role –PI.
- SURE PLUS Grant 2019- A sum of 40000 AED for study on depression among patients with chronic diseases in the UAE-PI
- SURE PLUS Grant 2019- A sum of 40000 AED for study on vaccine hesitancy among health care workers in the UAE-COPI

- College grant (2019)- A sum of 400,000AED “Health Literacy among pregnant women in the UAE”- Role -CO-PI
- College grant (2019)- A sum of 200,000AED “Mapping the anti-bullying policies, regulations and interventions in the UAE to identify challenges and priorities for intervention – A mixed- method approach”- Role -CO-PI.
- University Grant-UPAR- (2019)-A sum of 200,000 AED “An examination of teachers and students’ attitudes regarding the prevalence and risk factors of school bullying in the UAE”- Role –CO-PI
- Centre Based grant for (2019)- A sum of 300,000 AED “Intervention to reduce obesity among prediabetic in Abu Dhabi Schools”-Role Co-PI.
- Centre Based grant (2019)- A sum of 300,000 AED “Road map for pharmacogenomics in the UAE”- Role Co-PI
- Summer Undergraduate Research (Sure Plus) 2018-2019. A sum of 40,000AED was granted by UAE university to conduct a study on AHS General Practitioners attitudes about obesity management –A cross sectionals study-, Role: Co-PI
- Summer Undergraduate Research (Sure Plus) 2018-2019. A sum of 40,000AED was granted by UAE university to conduct a study on Gestational Diabetes among pregnant women in UAE as a part of the mother and child cohort study-July2018-June 2019 Role: Co-PI
- Summer Undergraduate Research Experiences:2015-16. A sum of 80,000AED) each were approved by UAE university to conduct two studies on Cancer Screening Knowledge in the UAE ( summer 2015-2016) Role: Co-PI

## **Research Projects**

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- **COVID-19 effect on vaccine hesitancy in the Arab world .CO-PI current**
- **Infodemic among social media users amid COVID-19 Crisis-PI current**
- **Brain health perceptions among UAE residents -PI**
- **Occupational exposure to carcinogens in UAE among laborer’s (in collaboration with Curtin University, Western Australian) current. PI- current**
- **Anxiety among parents and teachers amid COVID-19 spread- CO-PI current**
- **COVID-19 effect on vaccine hesitancy in the UAE.CO-PI current**
- **Project manager for Mutabaah- the Mother and Child Health study. (June 2017-Current- at AlAin-UAE (Co-PI) current**
- **Public Health Pharmacogenomics current (Co-PI).**
- **Smoking among adolescents- Qualitative study in UAE -CO-PI**
- **Anti-Bullying in UAE (Co-PI)**
- **Vaccine hesitancy among parents, and among health care professionals- Mixed method (CO- PI) Student research project-**
- **Obesity management attitudes and perceptions of general practitioners in the UAE current (CO-PI) -Student Research project.**
- **Depression among chronic diseases patients in the UAE- current- (Co-PI). Student research project-**
- **Evaluation of Lifestyle project in medical curricula- current (Co-PI).**
- **Cancer education needs among patients in UAE (Doctorate thesis) (PI)**
- **Barriers to Colorectal, Cervical and Breast cancer screening in Al Ain (PI). Student research project**
- **Chemotherapy side effects knowledge among cancer patients (PI).**
- **Migrants Health: Chronic diseases among South Asians in Al Ain in UAE (Co-PI).**
- **Depression among Domestic Workers (Co-PI)**

- EuroQol valuation of health tool feasibility study in UAE- (Co-PI).
- Behaviour change when being observed (Co-PI).

## **Recent Selected Scientific Presentations**

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- Elbarazi, I. Behavioral changing models to reduce obesity among school children- 3<sup>rd</sup> Abu Dhabi Ambulatory Health Services Congress-Abu Dhabi Exhibition Centre. October 2019. Oral
- Elbarazi I, Ahmed L, Ali N, Loney T . Mutaba'ah Mother and Child Health Study. 3<sup>rd</sup> Abu Dhabi Ambulatory Health Services Congress-Abu Dhabi Exhibition Centre. October 2019. Oral
- Loney T, Ahmed L, Elbarazi I, Ali N. Environmental Tobacco Exposure among pregnant women in the UAE, Mutabaah Mother and Child Health Study. 3<sup>rd</sup> Abu Dhabi Ambulatory Health Services Congress-Abu Dhabi Exhibition Centre. October 2019. Oral
- Lootah S, Almatrooshi M, Alshamsi F, AlMarzooqi N, Elbarazi, I, Al Maskari F. Obesity Management: Attitudes and Practices of General Practitioners in Abu Dhabi, United Arab Emirates"- Health Science Research Day- March 2019 at the College of Medicine and Health Sciences in UAEU- (Poster –won best poster award)
- Talal A , Al Maskari F, Elbarazi, I, Ahmed L, Ali B, Patrinos G. Establishing the Roadmap for Genomic Medicine and Pharmacogenomics in the UAE-Findings from Focus Group Discussions- Health Science Research Day, March 2019- at the College of Medicine and Health Sciences in UAEU (Oral).
- Ali A, Elbarazi I, Loney T, Al Maskari F, Ahmed, L. Happiness Among Pregnant Women In The UAE- The Mutaba'ah Mother And Child Health Study. March 2019- at the College of Medicine and Health Sciences in UAEU. (Poster).
- Elbarazi I, Al Maskari F, Azzi F, AlShebli M & Alsunaidi L. Cancer Literacy among AlAin. Residents in UAE. 10th UAE Cancer Congress, 11-13 October 2018, Dubai, UAE.(Poster)
- Ali N, Elbarazi I, Al Maskari F, Ahmed LA. The mother and child study in Al Ain, Mutaba'ah: Preliminary descriptive results. College of Medicine and Health Sciences Research Day – 25 April 2018, UAEU, AlAin, UAE.(Oral)
- Ahmed,A, Elbarazi,I, Ali, N, Oulhaj, A, Loney, T, Narchi,H, Aswad, S, Al Naqbi· M, Zampelas, A, AlMaskari, F (2018). at UAEU Research Innovation Conference, 5 February 2018 , UAEU, AlAin, UAE. (Poster)
- Elbarazi, I, Elias, A, Yousef, S, Loney, T. Burnout among Health Care Professionals in thArab World, A systematic Review. International Conference On Public Health, Malaysia,27-28 July 2017 (Oral)
- Elbarazi, I, Coveney J and McKenzie C (2017). How Cancer Information Knowledge is constructed. Findings from a Qualitative study with cancer patients in the United Arab Emirates. 15th World Congress in Public Health, Melbourne convention centre, Australia 3- 7 April 2017.(Oral)
- Koornneef, EJ, Dariel, A, Elbarazi, I, Robben, PBM (2017). 'Cues of being watched do not enhance altruistic behavior in the field' WESSI LITE Workshop, 18 Jan, New York University Abu Dhabi.(Oral)
- Elbarazi, I (2016). The Sixth Annual Meeting of the Middle Eastern Association for Cancer Prevention. Qatar, 3-5 December 2016. Highlights from an exploratory study on cancer patients' education needs. Reorienting health care professionals to a patient centered care and practice for cancer patients. Qatar University (Oral)
- Elbarazi I, AlMaskari F et al. (2016). Barriers to Cancer Screening in UAE. 2nd Abu Dhabi Ambulatory Health Care International Congress, Community Medicine Conference, 13-15 October 2016. Abu Dhabi Exhibition centre. (Oral)

- Elbarazi I (2016). Patient centered care –Is it about time? 2nd Nursing Conference May 20, held in Danat resort, AlAin Abu Dhabi. (Oral)
- Elbarazi, I, AlMaskari, F, Aziz F, AlShebli M, Alsunaidi, L. Cancer literacy in the UAE, 10<sup>th</sup> UAE Cancer Congress, 11-13, October 2018, Intercontinental Dubai.UAE (Oral)
- Talal A, Patrinos GP, Ali B, Al Maskari F, Elbarazi I. Assessment of genomic medicine and pharmacogenomic education environment in UAE. College of Medicine and Health Sciences Research Day – 25 April 2018, UAEU, AlAin, UAE (Poster)
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- Elbarazi I, AlMaskari F, AlBluwi,G, Alsunaidi L and AlShebli M. Barriers to cancer screening: Findings from A qualitative Research. Innovation Research Exhibition UAEU, 4-7 February 2018.
- Shah S, Loney T, Blair I, Ali R, Elbarazi I and AlDhaheri S. Obesity among Female Migrants in United Arab Emirates by Duration of Residence.15th World Congress in Public Health, Melbourne convention center, Australia 3-7 April 2017. Digital poster.
- Kershaw G, Grivna M, Elbarazi I, Hassan S, Aziz F and Sheek-Hussein M (2017). Teaching health promotion: a contribution to life-style changes in medical students. Medical Education Conference Dubai 2<sup>nd</sup> and 3<sup>rd</sup> of March 2017 in Mohammad bin Rashid Medical College.

### **Selected Workshops and Seminars**

- Behavioral changing models use among teachers- A workshop provided in collaboration with UAEU and Ministry of Education- Jan 2020
- Behavioral Changing models use among school health nurses- SEHA school health nurses training workshop for public and private schools (December 2019- January 2020)
- “How to Deal with students’ aggressive behavior”. A workshop organized by Abu Dhabi School Health for “AHS” Nursing staff. (December 19, 2016)
- Facilitated 3 Focus Group Discussion part of health care system evaluation study (May 2016)  
World Café brainstorming workshop to assess barriers and challenges of occupational health services organized during the three days conference on the organization of occupational health and safety services in UAE conducted by the Ministry of Health in collaboration with the Occupational health WHO collaborating center in UAE and Institute of Public Health on from 19-21 October 2015.
- Workshop on “evidence-based practice” delivered during the Ambulatory Health Care International Congress, Nursing Conference on 10 October 2015.
- Over 30 sessions on Breast cancer screening and cervical cancer screening delivered to different organizations and social groups in Melbourne for Arabic speaking communities between August 1999 - December 2002.
- Workshop titled: “Factors influencing health choices and health behavior” presented in five different symposiums.(3<sup>rd</sup> Health Education Symposium 2004, Military hospital Nursing symposium 2003 and Ministry of Health and colorectal forum 2007 all done in KSA and the last one was provided in your home your health conference in Kuwait organized by Kuwait Ministry of Health).
- Seminar Titled: “Needs assessment in planning health education program” provided at the Diabetes training course for Diabetes Educators in National Diabetes Centre–Riyadh, KSA

(presented 2004, 2005,2006,2008 and 2009). Also same lecture provided in the National Guard Diabetes education course 2009, 2010, KSA.

- Seminar titled: “initiation of Diabetes Health Education program and selecting education strategies and lesson plan” delivered as part of Diabetes course organized by National Diabetes centre 2009 and 2010.

## **Committees**

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- Member on the Media and Communication committee at the College of Health Sciences in Abu Dhabi University-Current
- Member on the Students Affairs Committee at the College of Health Sciences in Abu Dhabi University-Current
- Member of Scientific and organizing committee on the School Health Program to be conducted at SEHA conference in October 2019
- Member of organizing committee for the Type 2 Diabetes and Cardiovascular Diseases Conference-conducted on -19th of March 2019 at the College of Medicine and Health Sciences at the UAEU- <https://nml-uaeu.libguides.com/DMandCVD>
- Member of Organizing committee for the Systematic Reviews and Meta-analyses in Evidence-Based Medicine Workshop to be conducted on 2-3May 2019. <http://nml-uaeu.libguides.com/EBMworkshop>

## **Accreditation Services**

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- Acted as an independent accreditation reviewer for the program of clinical nutrition at King Abdul-Aziz University in Saudi Arabia (visit took place in May6 -11/ 2017)  
In KSU, I was on the curriculum review committee, I participated in preparing a proposal for a Master of health education program and I was involved in quality and accreditation committees, plans programs and activities. I also participated in preparing a five years strategic planning for the college of Applied Medical Sciences.

## **Recent Collaborative Meetings**

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- A collaborative meeting with DOH to discuss collaboration on licensing of public health practitioners and health educators in UAE
- A brainstorming meeting in Dubai health Authority with other public health specialists and academic to improve Public health research in Dubai-Feb 2018
- Occupational health reform in the UAE by MOH –Dubai January 2016
- Cancer Research Group and Diabetes cardiovascular research group in UAE

## **Other Community Services**

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- Reviewer for different scientific journals
- Reviewer for Abstracts submitted for some local and regional conferences
- Reviewer for scientific papers and grant application
- Independent Academic Accreditation Reviewer

- Consultant for Health promotion and clinical health education program
- Consultant for research development and implementation
- Consultant for initiating of support and volunteering groups and organizations

## **Memberships in Professional Bodies**

- Emirates Public Health Association (Current)
- The Australian Public Health Association (current)
- The Australasian Epidemiological Association (current)
- The Nursing Council Lebanon (current)

## **Awards and Honours**

- **Best Poster Award (Student Project)**- Health Science Research Day-March 2019- College of Medicine and Health Sciences at UAEU-
- **Award of Excellence:** Recognized by the College of Medicine and Health Sciences UAEU for research support (21 October 2018)
- **Outstanding Support Service Award:** Recognized by King Faisal Specialist Hospital and Research Centre for being the best health educator- - May 2005
- **Best research of the Year Award:** By King Faisal Specialist Hospital on the research titled:” Evaluation for the effectiveness of Clinical Health Education Diploma at King Faisal Specialist Hospital as a co-investigator. May 2005
- Recognized in many awareness days and symposiums for being either a coordinator, an organizer, a speaker or a participant.

## **Other Skills**

- Experienced in Word, Excel, PowerPoint, SPSS, STATA and NVIVO (qualitative analysis software)
- Blended teaching skills
- Good writing and public speaking skills.
- Excellent research skills including questionnaires developing, data collection (focus group discussions, interviews), data entry and analysis

**References will be provided upon request**