

LEARNING OUTCOMES:

On completion of the module, students can expect to have acquired:

- Fundamental knowledge on the impact of trauma on mental health
- Capability to interpret the role of trauma as a key factor in mechanisms of ill health, both mental and physical
- The ability to assess and evaluate the mental health impact of traumatic life experiences
- Basic knowledge on resilience and posttraumatic growth
- Skills regarding critical appraisal and analysis of the scientific literature on traumatic stress
- Knowledge of trauma informed care approaches.
- Systemic approach to trauma management.

ORGANIZERS:



PARTNER:



Co-funded by
the European Union



ADMISSION CRITERIA

Bachelor's diploma as a minimal requirement.

The applicant shall submit a CV and a cover letter in English.

Selected candidates should submit a brief description of research idea.

PRE-REGISTRATION OPEN!



Application fee: 200 €

3 ECTS
AWARDING COURSE*

*Accreditation process
undergoing



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Gdansk

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6th International Summer School on Public Mental Health

Trauma-informed Public Health – approaches to resilience and trauma informed public health



2nd-6th June

2025

GDAŃSK, POLAND

PROGRAM



2ND JUNE, MONDAY, CONFERENCE

10.00-16.00

INTERNATIONAL CONFERENCE
Trauma-informed Public Health –
approaches to resilience and trauma
informed public health

3RD JUNE, TUESDAY

9.00-9.30 Prof. Łukasz Balwicki ,
Prof. Jutta Lindert

Introduction

9.30-11.00 Prof. Jutta Lindert

Traumatic life events-epidemiology

11.00-11.15 **COFFEE**

11.15-13.00 Group work, Facilitators

Traumatic life events in Europe –
epidemiology – introduction and
group work

13.00-14.00 **LUNCH**

14.00-17.00 **Students' presentations**

4TH JUNE, WEDNESDAY

9.00-10.30 Prof. Jutta Lindert
Wars and historical trauma –
epidemiology and characteristics

10.30-11.00 **COFFEE**

11.00-13.00 dr Agnieszka Wojtecka
Refugees mental health

13.00-14.00 **LUNCH**

14.00-15.00 dr Agnieszka Wojtecka
Interventions for refugees in Poland

15.00-15.30 **COFFEE**

15.30-16.30 Group work:
Designing reviews in the field of
traumatic stress studies

16.30-18.30 Excursion

5TH JUNE, THURSDAY

9.00-10.30 Prof. Sally Mc Manus
Adverse childhood experiences

10.30-11.00 **COFFEE**

11.00-13.00 Prof. Sally Mc Manus
Traumatic experiences of violence
and abuse in adulthood

13.00-13.30 **LUNCH**

13.30-15.00 Prof. Oliver Tüscher
The concept of resilience

15.00-15.15 **COFFEE**

15.15-17.00 Prof. Oliver Tüscher
Trauma and resilience

20.00 **FESTIVE DINNER**

6TH JUNE, FRIDAY

9.00-11.00 Prof. Oliver Tüscher
Resilience over the life course

11.00-11.15 **COFFEE**

11.15-12.15 Prof. Jutta Lindert,
Prof. Sally Mc Manus, Prof. Oliver
Tüscher

Trauma and resilience- next steps

12.15-13.15 **LUNCH**

13.15-15.00 **Students presentations**

15.00 Charlotte Merchandise,
Prof. Jutta Lindert, Prof. Łukasz
Balwicki, Prof. Sally Mc Manus

Official handover of certificates

