

Public Health and Care Research Leadership Programme

Starting points

- ∞ Two year programme, starting in July 2023
- ∞ Intake assessment/interview
- ∞ Experiential learning with elements of theory
- ∞ Two 2,5 day modules per year (spring and fall)
- ∞ Participants build their own Leadership Development Portfolio
- ∞ Experts in the field of public health and care research as teachers
- ∞ Registration fee for the total program: €8,500,- (Overnight stays (€80-€125 per night) are not included)

Programme elements



Individual coaching



Modules



Mutual learning groups



Inspirational content between modules

Interested in the experiences from former participants? [Click here](#)

Learning goals

- ❖ Being able to lead yourself and others
- ❖ Developing an entrepreneurial mindset and creativity
- ❖ Building effective teams and skills to navigate the network
- ❖ Knowing how to lead change

Target group

- ⋮ Post-doc researchers >5 years experience after obtaining PhD
- ⋮ Who have the ambition to improve their knowledge and skills to become leading researchers in public health and care research

Selection criteria

- ✓ Several years experience with leading a group of researchers
- ✓ Research track record as evidenced by publications
- ✓ Current and future research activities

Apply by sending an email to care-secretariaat@maastrichtuniversity.nl

- ✓ Motivation letter direct supervisor
- ✓ Motivation letter participant
- ✓ Two reference letters
- ✓ Cv

Your application will be reviewed by a selection committee

Public Health and Care Research Leadership Programme

Assessment Interview



March 2023

Intake 1x



July 2023

Module 1; Cambridge



September - October 2023
Mutual Learning Group



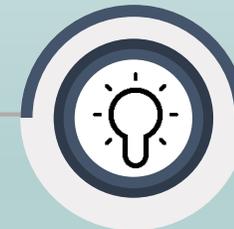
December 2023

Module 2



November 2023

Inspirational content



January - June 2024
Individual Coaching 1x



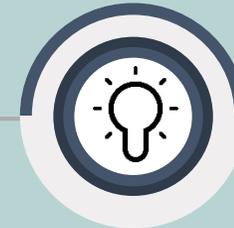
February 2024

Mutual Learning Group

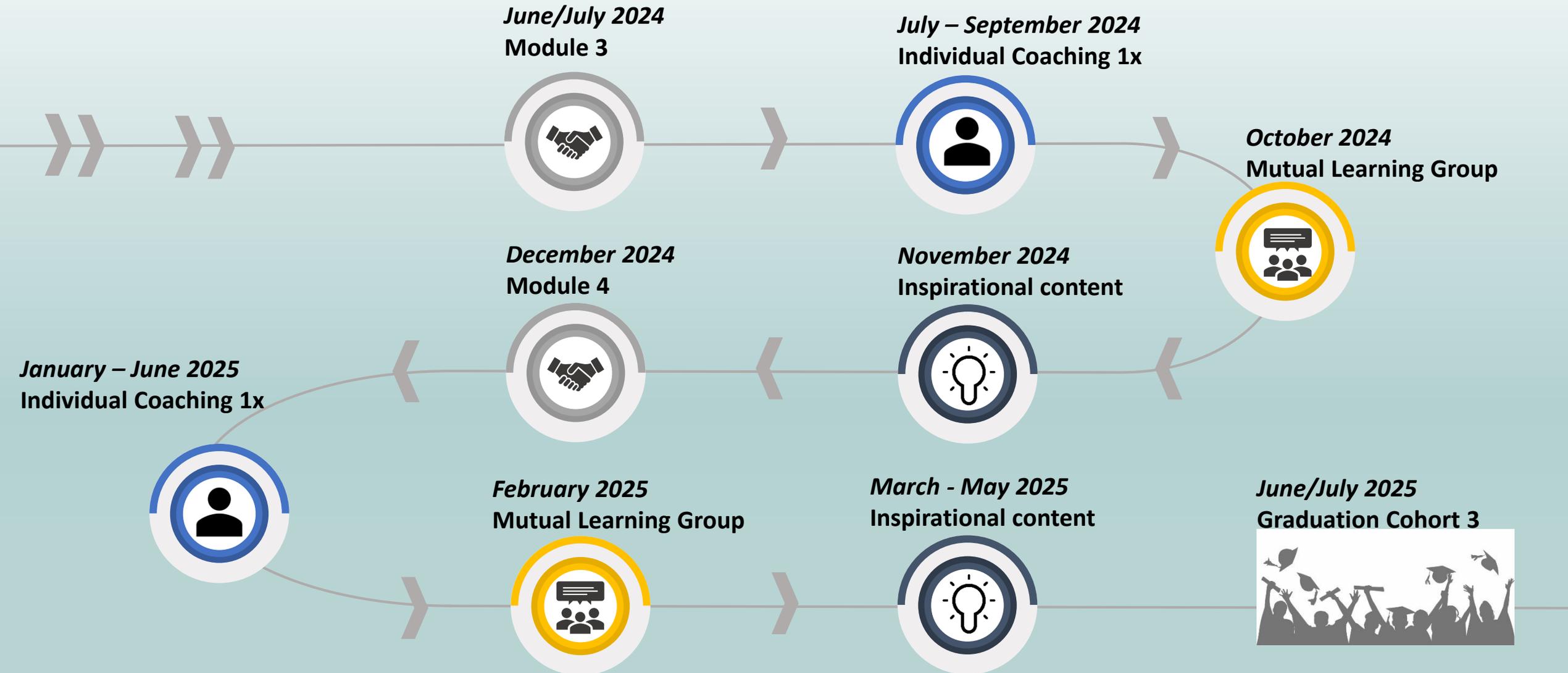


March - May 2024

Inspirational content



Public Health and Care Research Leadership Programme



Modules

Module 1 Leading yourself and others

Day 1 Welcome, acquaintance, meeting coaches, dinner speaker

Day 2 Buddy breakfast

Shape your own leadership role and understand leader-follower dynamics. Cultivate a pro-active and assertive attitude regarding your own career

Dag 3 Develop and share your research vision, master storytelling and customized pitching with impact

Module 2 Entrepreneurial mindset

Day 1 Welcome, dinner speaker

Day 2 Buddy breakfast

Develop your entrepreneurial spirit and passion for public health research

Day 3 See and create opportunities in research with societal impact

Research integrity
Publication strategies

Understand the funding landscape and develop your ability to address priorities of funding agencies

Participants will prepare for the modules through readings and short assignments

Modules

Module 3 Leading change

Day 1 Welcome, dinner speaker topic tbd by group

Day 2 Buddy breakfast
The meaning of change, understanding different change processes and approaches

Day 3 Leading change and developing higher level strategic thinking to navigate change in an agile manner

Module 4 Building teams, navigating the network

Day 1 Welcome, dinner speaker on triple helix partnerships in research

Day 2 Buddy breakfast
Develop skills to manage complexity: perspective taking, negotiation, influencing and persuasion skills

Day 3 Understanding team dynamics and leading effective teams

Participants will prepare for the modules through readings and short assignments

Learning goals of the programme

To become a leading researcher in the public health / care research domain requires more than being an excellent scientist. In addition to acquiring competences concerning content, you also need knowledge, skills and tools to understand and manage the context. This implies -all in the public health and care research context-:

- **Being able to lead yourself and others**
 - Shape your own leader role and understand leader-follower dynamics, cultivate a proactive attitude towards your own career, your organization and society, develop and share your research vision and social impact, build your presence for different audiences and strengthen your visibility as a leader, master storytelling and customized pitching with impact.
- **Developing an entrepreneurial mindset and creativity**
 - Grow your entrepreneurial spirit, see and create opportunities for research (grants), understand the funding landscape and societal impact, further develop your passion for public health and care research.
- **Building effective teams and skills to navigate the network**
 - Develop skills to manage complexity, understand and effectively lead team dynamics. Know how to connect science to practice, strengthen your international network and be visible in it.
- **Knowing how to lead change**
 - Understand different change processes and your role within them. Develop higher level strategic thinking to navigate change in an agile manner.