

ASPHER MEMBERSHIP QUESTIONNAIRE

This questionnaire should be returned to:
ASPHER Secretariat, Avenue des Arts 47, 1000 Brussels, Belgium
E-Mail: office@aspher.org and lore.leighton@aspher.org

1. **Institution Name which applies for membership:** Central Queensland University
2. **Address:** 554-700 Yaamba Road, Norman Gardens Queensland
3. **Town:** Rockhampton
4. **Postcode:** 4701
5. **Country:** Australia
6. **Phone:** 132786
7. **Fax:** N/A
8. **Website address:** www.cqu.edu.au

9. **Name of Dean or Director:** Professor Andy Stewart
10. **Address:** 554-700 Yaamba Road, Norman Gardens Queensland
11. **Town:** Rockhampton
12. **Postcode:** 4701
13. **Country:** Australia
14. **Phone:** 132786
15. **Fax:** N/A
16. **E-mail:** www.cqu.edu.au

17. **Name of ASPHER contact person:** Helen Keen-Dyer
18. **Address:** Level 8, 160 Ann Street
19. **Town:** Brisbane
20. **Postcode:** 4000
21. **Country:** Australia
22. **Phone:** 132786
23. **Fax:** N/A
24. **E-mail:** www.cqu.edu.au

25. **Number of Equivalent Full Time Staff (Full time + Part time + Temporary staff):**
46 Staff

26. **Number of Undergraduate Students (Average for the two last Academic years):**
50 Students in 2023 and 44 students in 2024

27. **Number of Postgraduate Students (Average for the two last Academic years):**
353 Students in 2023 and 584 students in 2024

28. Start date of the Academic Year: 10 March 2025 (Term 1 2025)

29. Date of the Exam period in your Institution:

10-14 February 2025 (Week 13 of Term 3)

12-20 June 2025 (Week 13 of Term 1)

16-24 October 2025 (Week 13 of Term 2)

30. Mission statement:

Our Purpose

To provide world-class, inclusive education, training and research opportunities to our students, partners and communities across Australia and internationally.

Our Vision

To be Australia's most accessible and supportive university, connecting our regions to the world through innovative education, training and research excellence.

Our Values

Engagement

We recognise that authentic engagement with our communities, industries, stakeholders, and students is an inseparable feature of our social purpose.

Can Do

We have the skills, vision, and courage to achieve anything. We support one another to seize opportunities and overcome challenges.

Openness

As individuals and as a university, we build trust by acting with integrity and embracing open and honest dialogue.

Leadership

We value leadership as a quality embedded within every role at CQUniversity, and recognise that initiative, collaboration, accountability, and daring to be different define our success as leaders.

Inclusiveness

We value accessible education as an undeniable human right afforded to any person who aspires to it, anchored by a shared sense of equity, kindness, and humanity.

31. Source(s) of Funding:

Federal government funding, student fees

32. Ordinary Budget in Euros:

1,980,189

33. Statute of your institution (University/Non-university structure, Public/Private):

Public University



34. Programmes provided by your institution (name and duration for each, attach file/provide weblink with the curricula):

Public Health relevant programmes:

Associate Degree in Public Health (specialisation), 2yrs full time

<https://handbook.cqu.edu.au/he/courses/view/CC44>

Bachelor of Public Health (Specialisation), 3yrs full time

<https://handbook.cqu.edu.au/he/courses/view/CC59>

Graduate Certificate in Public Health, 0.5yrs full time, <https://handbook.cqu.edu.au/he/courses/view/CL46>

Graduate Diploma of Public Health, 1yrs full time, <https://handbook.cqu.edu.au/he/courses/view/CL44>

Master of Public Health, 2yrs full time, <https://handbook.cqu.edu.au/he/courses/view/CL45>

35. Does your institution participate in the ECTS project? (Yes/No):

No

36. Areas of interest/expertise of your institution:

CQUniversity specialises in Public Health education with expertise in health promotion, epidemiology, environmental health, public health nutrition, health policy, Indigenous and global health, and disaster and emergency management. The university integrates research-led teaching with practical application, emphasising community-led approaches, social and environmental determinants of health, and evidence-based practice. Through flexible learning and multiple elective pathways at both undergraduate and postgraduate levels, CQUniversity allows students the flexibility to tailor their studies to their career aspirations and as graduates to be able to address contemporary health challenges and drive meaningful change in diverse public health settings.

As part of its commitment to Public Health, CQUniversity has established the new **Centre for Health Equity in Regional and Remote Communities (CHERRC)**. CHERRC aims to position CQUniversity as a leader in regional public health research, contributing to improved health outcomes and reduced disparities in underserved communities. It aims to support regional and remote communities to achieve their health and wellbeing priorities <https://www.cqu.edu.au/news/1199590/cquuniversity-appoints-director-of-new-health-research-centre>. As described by the newly appointed Director,

Professor Timothy Carey, CHERRC will examine various factors influencing individual and community abilities to obtain and benefit from health services. This includes exploring physical, economic, social and cultural determinants of access across different healthcare settings, regions and populations.” This new centre is expected to significantly increase our inputs in section.

37. Projects run by your institution (title, funding body and timeframe for each, attach file/provide weblink for detailed info):

We are more than happy to provide you with past projects upon request.

Current research projects that fall into Public Health at CQUniversity

1. Consensus Statement on Sport Participation for Pregnant and Postpartum Athletes, 2023/2025 Advanced Olympic Research Grants awarded (through) University of Alberta 12 months.
https://webapps.cihr-irsc.gc.ca/decisions/p/project_details.html?applId=494975&lang=en
2. Implementing a life course approach in antenatal and postnatal care settings for prevention and reduction of non-communicable disease risks in Nepal, National Health and Medical Research Council (NHMRC) 2022 Global Alliance for Chronic Diseases Grant THROUGH The University of Queensland (UQ), 5 years. <https://poche.centre.uq.edu.au/research/projects/implementing-life-course-approach-antenatal-and-postnatal-care-settings-prevention-and-reduction-non-communicable-disease-risks-nepal>
3. Reducing the impact of chronic hepatitis B (CHB) in seasonal workers working in regional <https://delivery-cqucontenthub.stylelabs.cloud/api/public/content/bbv-and-sti-standing-committee-1178910.pdf>
4. Dissemination and uptake evaluation of the 10,000 Steps program in South Australia (2024-2025) - Contract Research - Category 2: Other Public Sector Preventative Health SA
<https://www.10000steps.org.au/articles-old/10000-steps-program/research-papers/>
5. Using existing digital infrastructure for the national scale-up of an effective school nutrition program to reduce population CVD risk 01/06/2022 - 01/06/2025 Co-Investigators with University of Newcastle https://www.health.gov.au/sites/default/files/2023-12/appendix-a-mrff-cardiovascular-health-mission-projects-funded-as-of-march-2023_0.pdf

6. Applying machine learning to develop a smart and engaging chatbot to increase physical activity and improve health 01/01/2022 - 31/12/2025 <https://iaap-journals.onlinelibrary.wiley.com/doi/10.1111/aphw.12594>
7. Dissemination and update evaluation of the 10,000 Steps program in Queensland 01/07/2021 - 30/06/2025
8. Improving workplace productivity via an AI-based physical activity chatbot 01/07/2021 - 02/01/2026 <https://dataportal.arc.gov.au/NCGP/Web/Grant/Grant/FT210100234>
9. Enviro Health - Respirator effectiveness and usability 13/05/2024 - 13/07/2025
10. Rest and readiness: what is the optimal nap length during night shifts? 01/01/2025 - 31/12/2027 <https://www.arc.gov.au/sites/default/files/2024-11/DP25%20NIT%20Statements.pdf>
11. Healthy from the Start: Co-Designing Sleep Health Resources for Young Shift workers 02/10/2023 - 02/10/2025 <https://pubmed.ncbi.nlm.nih.gov/39403987/>
12. Improving activity-sleep patterns to enhance glucose control in higher risk mid aged adults 01/05/2023 - 30/04/2025
13. RSH/3796, Active Ageing: Increasing physical activity in older adults using an innovative personally tailored and web-based intervention.