



## ASPHER Executive Board Member 2021-2024



Carla Lopes, PhD is Associate Professor of Epidemiology and Public Health and Coordinator of the PhD programme in Public Health at the University of Porto Medical School (FMUP). She is currently a Member of the Pedagogic Council at FMUP, having served as Vice-President to the Council from 2010-2018. Carla Lopes was a Member of the Senate at the University of Porto from 2015-2018 and part of the University of Porto Coordinating Council of Improvement of Teaching Learning from 2012-2018.

Prof. Lopes' research focuses on the relationship between dietary/lifestyle exposures and cardiovascular diseases including coronary heart disease, hypertension and obesity. She also is interested in the assessment of dietary intake, dietary patterns and its determinants, namely how early life determinants influence later food patterns and obesity. She was a Member of the Scientific Advisory Board of the European network programme on DEterminants of DIetary and Physical Activity (2014-2016); President of the general Council of Nutritionists in Portugal (2016-2019); Member of the Scientific Committee of "Platform against Obesity" – DGS-Ministry of Health (2009-2012); Coordinator of Nutrition in Cardiology Group of the Portuguese Society of Cardiology (2007-2011); and Consultant member of the Forensic Medicine Institute - FMUP (2006-2011). Carla Lopes is a Member of the International Epidemiological Association.

Since 2005 Carla has been involved in ASPHER activities, namely in development of Core Competences in Nutrition in Public Health and in the Working Group on Doctoral Programmes and Research Capacities.