

# **COVID-19 BURDEN TASK FORCE**

28 June 2023 **ASPHER** burden-eu Meeting

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#### **European Burden of Disease Network**



#### COST Action CA18218



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#### COST Action CA18218 European Burden of Disease Network

Technical platform to integrate and strengthen capacity in burden of disease assessment across Europe and beyond.

#### COVID-19

Infectious disease by SARS-CoV-2



- Declared as a pandemic by WHO in March 2020
- High public health impact globally

## COVID-19

Perfect practical case to contribute to all aims of burden-eu

- Research
  - Disease model, health outcomes
  - Data requirements
  - Computation
- Building capacity
  - Burden of disease calculation
  - Knowledge translation





#### **Burden of COVID-19 Task Force**

The European Burden of Disease Network established the Burden of COVID-19 Task Force, as a sub-group of WG2 Infectious Diseases. The TF welcomes members who are conducting or interested in launching national studies to estimate the burden of disease of COVID-19.

Its aims are to:

- · Share experiences in national burden of COVID-19 studies
- Support each other with calculations, model assumptions, data gaps
- Harmonize methodologies and align strategies for communicating results
- · Discuss research projects and upcoming evidence on long-COVID

The TF meets approximately every six weeks. We select a different topic for each meeting, and focus mostly on technical discussions. We also have the opportunity to arrange ad-hoc meetings and discussions as needed/requested by members of the TF, and to use the burden-eu discussion forum.

You can find the minutes of our meetings on the 🛆 Google Drive.

If you are interested in joining, contact Sara Pires.

Other resources on COVID-19 disease burden are available on this page.



Publication of a burden-eu guide on calculating COVID-19 DALYs  Provide guidance for data requirements, methodology and communicating results

COST Action CA18218 European Burden of Disease Network





- Open to all network members conducting or interested in implementing national studies.
- Regular group meetings
- Ad-hoc meetings with countries
- Long-COVID meetings
- Online discussion forum
- Several studies launched
  - harmonized approaches
  - comparable estimates

- Public webinars, attended by over 100 participants
- Website collects and continuously posts all published articles related to the burden of COVID



[Webinar] Burden of disease assessment for COVID-19: initial insights and future perspectives

🛗 Friday 21 May 2021, 14h-15h CET



#### [Webinar] Quantifying COVID-19 disease burden

🛗 Friday 20 November 2020, 11h-12h CET

Read more:

Read more:

**BoD-COVID Studies** Netherlands Scotland Germany Malta Ireland Denmark France Belgium Ireland Sweden



Country adaptations

- Some countries included post-acute consequences of COVID-19 acute infections
- Germany defined mild cases in YLD calculations
- The Netherlands corrected for **underreporting** of hospital admissions and deaths
- Most countries used durations derived from their national data collections
- Scotland and Belgium used daily prevalence estimates from a Susceptible-Exposed-Infectious-Removed (SEIR) transmission model, and daily hospital prevalence data
- All studies except Germany used the **GBD aspirational life expectancy life table**

Country	Period of analysis	Long-COVID	DALY/100,000	% YLD
		included		
Australia	1 Jan-31 Dec 2020	Yes, estimated	32.7	3.5%
Belgium	Mar 2020- 31 Dec 2021	Yes	1,968	5%
Cyprus	9 March 2020 – 8 March 2021	N/A	1,881 YLL	NA
Denmark	28 Feb 2020-28 Feb 2021	No	520	1.6%
France	Jan- 31 Dec 2020	Yes, limited	1,472	1%
Germany	1 Jan-31 Dec 2020	No	368	0.7%
Ireland	1 Mar 2020 – 28 Feb 2021	Yes, estimated	1,033	1.3%
Malta	7 Mar 2020-31 Mar 2021	Yes, limited	1,086	5%
Netherlands	1 Jan-31 Dec 2020	No	1,570	1%
Scotland	1 Jan-31 Dec 2020	Yes, limited	1,770- 1,980	2%
Sweden	Mar 2020- Dec 2021	Yes	1,418	0.7%

- National burden of COVID-19 ranged between 32 and app. 2,000 DALYs/ 100,000 inhabitants
- Consistent large contribution of **mortality** to the burden, between app. **1 and 5%**

- Harmonized efforts and methodologies have allowed for comparable estimates and communication of results
- Future studies should evaluate the impact of interventions and unravel the indirect health impact of the COVID-19 crisis
- Burden of disease indicators, and standardization of approaches where applicable, can be useful for monitoring within- and across-country public health in an ongoing pandemic

What have we been doing lately?

Focus on long-COVID-19

- Available data incidence, severity
- Disability weights
- Updating disease model



A woman who has had COVID-19 attends a physiotherapy session in Madrid. Credit: Pierre-Phillipe Marcou/AFP/Getty

<u>The pandemic's true health cost: how</u> <u>much of our lives has COVID stolen?</u> (nature.com)

#### **BOD Long-Covid - GBD approach**

Published mid 2022 (not peer-reviewed yet?)

https://doi.org/10.1101/2022.05.26.22275532

- Three main clusters of symptoms
  - Respiratory
  - Cognitive
  - Fatigue syndrome

Minimum duration of three months

#### **BOD Long-Covid - GBD approach**

Outcome	Health state	Lay description	Disability weight
Respiratory symptoms	Chronic respiratory problems, mild	has cough and shortness of breath after heavy physical activity but is able to walk long distances and climb stairs.	0.019
	Chronic respiratory problems, moderate	has cough, wheezing and shortness of breath, even after light physical activity. The person feels tired and can walk only short distances or climb only a few stairs.	0.225
	Chronic respiratory problems, severe	has cough, wheezing and shortness of breath all the time. The person has great difficulty walking even short distances or climbing any stairs, feels tired when at rest, and is anxious.	0.408
Cognitive symptoms	Cognitive problems, mild	has some trouble remembering recent events and finds it hard to concentrate and make decisions and plans.	0.069
	Cognitive problems, moderate	has some trouble remembering recent events and finds it hard to concentrate and make decisions and plans.	0.377
Fatigue syndrome	Infectious disease, post- acute consequences	is always tired and easily upset. The person feels pain all over the body and is depressed.	0.219

#### **BOD Long-covid - early burden-eu approach**

Outcome	Health state	Lay description	Disability weight
Long COVID	Infectious disease, post- acute consequences	has some trouble remembering recent events and finds it hard to concentrate and make decisions and plans.	0.219

#### **BOD Long-covid - early burden-eu approach**

Published at the start of 2021

https://doi.org/10.3389/ijph.2021.619011

Approach is too generic, reflective of the fact we didn't know much at the time

 Require wider disability weight set, and new disability weight (loss of sense of smell/taste)

#### **BOD Long-covid - current burden-eu approach**

- Developing fatigue syndrome
- Potential to use health states for anemia to capture different severities of fatigue syndrome

Outcome	Health state	Lay description	Disability weight
Fatigue syndrome	Anemia, mild	, mild feels slightly tired and weak at times, but this does not interfere with normal daily activities.	
	Anemia, moderate	feels moderate fatigue, weakness, and shortness of breath after exercise, making daily activities more difficult.	0.052
	Anemia, severe	feels very weak, tired and short of breath, and has problems with activities that require physical effort or deep concentration.	0.149
	Infectious disease, post- acute consequences	is always tired and easily upset. The person feels pain all over the body and is depressed.	0.219

#### What have we learned along the way?

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<u>nature</u> > <u>news feature</u> > article		

NEWS FEATURE | 18 May 2022

#### The pandemic's true health cost: how much of our lives has COVID stolen?

Researchers are trying to calculate how many years have been lost to disability and death.

#### Holly Else



Join us: ismpi@food.dtu.dk; info@burden-eu.net

- What to expect:
  - Share experiences in national burden of COVID-19 studies
  - Support with calculations, model assumptions, data gaps
  - Harmonize methodologies and align strategies for communicating results
  - Discuss research projects and upcoming evidence on long-COVID

# Join our network



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Contact us at info@burden-eu.net